

## Nutrition Information

1 cookie, 1.38 ounces, 38 grams

Cookie	Calories	Protein (grams)	Carbohydrates (grams)	Fat (grams)	Saturated Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Fiber (grams)
<i>Chocolate Chip</i>	107	2	17.1	3.5	1	18	84	1
<i>Cinnamon Sugar</i>	114	2	19	4	1	10	90	1
<i>Ginger Spice</i>	122	1.5	21	3.7	1.7	17	113	1
<i>Lemon</i>	113	2	19	4	1	9	69	2
<i>Oatmeal Everything</i>	127	2	18.3	5.5	1.5	18	97	2
<i>Peanut Butter-Chocolate Chip</i>	156	4	16.3	8.5	2	17	141	2
<i>Peanut Butter Crisscross</i>	133	4	13.7	7.5	2	16	135	2
<i>Sugar</i>	114	2	19	4	1	10	90	1
<i>Triple Chocolate</i>	144	2	18.8	7.3	2	19	90	1.5
<i>Triple Chocolate and Pecan</i>	175	2	19.5	9	2	19	90	2.5

Call us today at  
(603) 715-1042

Or order online at  
[www.delicioushealthycookies.com](http://www.delicioushealthycookies.com)

All our cookies are made with all natural ingredients — no chemicals, preservatives, or trans fats, EVER!

PO Box 3988  
Concord, NH 03302-3988



Give Healthfulicious  
cookies this  
holiday season!



**Healthfulicious, Inc.** can provide your company with unique, personal holiday gifts for your corporate clients, friends and employees. Call today 603-715-1042 or order cookies online at [www.delicioushealthycookies.com](http://www.delicioushealthycookies.com)

**Healthfulicious** cookies are fully flavored, locally made in our Bow, New Hampshire kitchen, and all natural with no additives or preservatives. Our mouthwatering cookies have fewer calories and carbohydrates than regular cookies without sacrificing one iota of flavor. They're just like the cookies you bake at home, only better!

Here are some benefits of giving **Healthfulicious** cookies this holiday season:

**We're flexible:** You can buy cookies in increments of **one dozen for \$18** and **two dozen for \$25**. The price includes shipping and handling, private labeling with your company logo and slogan, and a personal note or greeting. One dozen cookies come in gift boxes or gift bags; two dozen come in gift boxes.

**Ordering small is okay:** You can order 10 gifts or 100 gifts, privately labeled with your company logo, slogan, and a personal holiday greeting with no extra set-up charges or fees.

**We're convenient:** We do all the baking, note writing and shipping, you just send us or email us your logo, what you'd like written on your note, and your shipping list, and we'll take care of the rest.

**We're a local small business:** We belong to Made in New Hampshire, an organization helping local small business. By doing business with us, you show the community and your clients that you support local small business.

**Give a unique gift:** *Healthfulicious* cookies are like nothing on the market. They are full-flavored, but have half the sugar and one-third the fat of regular cookies because our homemade cookie recipes substitute healthier alternatives. And they have no preservatives or trans fats. None. There's nothing on the ingredient list you wouldn't recognize.

**Cookies can be custom-fit to dietary needs:** Our regular cookies are available in several flavors including oatmeal, with chocolate chips, walnuts and raisins; peanut butter chocolate chip; peanut butter; sugar; cinnamon sugar; chocolate chip; lemon; ginger; triple chocolate; and triple chocolate and pecan. Cookies are also available by special order in vegan and gluten-free varieties, and they can be customized to please customers with different health concerns or lifestyle needs.

